



# High School Main Café Lunch Menu

March 2020

2

## Breaded Chicken Drumstick served with Yellow Rice

Baked Beans  
Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

3

## Parmesan Chicken Spaghetti w/ Sauce

Steamed Green Beans  
Mashed Potatoes w/ Gravy  
Fresh Fruit and Veggie Bar  
Choice of Milk

4

## Breakfast for Lunch: Ham egg and Cheese on a Biscuit

Orange Glazed Carrots  
Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

5

## Fried Rice served with Vegetable Egg Roll

Mashed Potatoes with gravy  
Fresh Fruit and Veggie Bar  
Choice of Milk

6

## Buzzer Beater Basket: Chicken, Fries and a Breadstick

Seasoned Corn  
French Fries  
Fresh Fruit and Veggie Bar  
Choice of Milk

9

## Breaded Fish Bites with Siracha Dipping sauce

Served with a Dinner Roll

Seasoned Peas  
Tater Tots  
Fresh Fruit and Veggie bar  
Choice of Milk

10

## Country Chicken and Mashed Potato Bowl

Roasted Cauliflower  
Mashed Potatoes with gravy  
Fresh Fruit and Vegetable Bar  
Choice of Milk

11

## Walking Taco with Cheese Sauce Choice of Toppings

Steamed Carrots  
Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

12

## Sweet and Sour Popcorn Chicken served with Rice

Campfire Beans  
Mashed Potatoes with Gravy  
Fresh Fruit and Veggie Bar  
Choice of Milk

13

## Nacho Fries served Chips

Refried Beans  
French Fries  
Fresh Fruit and Veggie Bar  
Choice of Milk

16

## Breaded Chicken Drumstick served with Yellow Rice

Seasoned Corn  
Mashed Potatoes  
Fresh Fruit and Veggie Bar  
Choice of Milk

17

## Boneless Chicken Wings

Green Beans with Carrots  
French Fries  
Fresh Fruit and Veggie Bar  
Choice of Milk

18

## General Tso's Beef with Vegetables Served over Rice

Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

19

## Chili Mac with a Corn Muffin

Chipotle Beans  
Mashed Potatoes  
Fresh Fruit and Veggie Bar  
Choice of Milk

20

## Breakfast for Lunch Sausage, Egg & Cheese Muffin

Seasoned carrots  
Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

23

## Chicken Fried Steak with a Biscuit

Roasted Zucchini  
Mashed Potatoes  
Fresh Fruit and Veggie bar  
Choice of Milk

24

## Tex Mex Popcorn Chicken with Sante Fe Rice

Fresh Roasted Carrots  
Tater Tots  
Fresh Fruit and Veggie Bar  
Choice of Milk

25

## Country Chicken Nugget Bowl

Kickin' Pinto Beans  
Mashed Potatoes  
Fresh Fruit and Veggie Bar  
Choice of Milk

26

## Chicken and Waffle Bowl with Cheesy Eggs

Seasoned Green Beans  
Potato Patty  
Fresh Fruit and Veggie Bar

27

## ½ Day School Grab N Go Sunbutter Jammer Pack

Cheese Stick  
Fresh Fruits & Veggie Choice,  
Chips & Choice of Milk

2

3

4

5

6

## Spring Break No School

**Look for new Grab and Go options too!**  
**Daily Served Grill items include:** Spicy and Regular Chicken Patties, Burger and a Fish Sandwich

**Tortilla, Corner Crust and Green Street Deli have made to order items as well as daily specials!**